

PRISM 6th ANNUAL MEETING



JANUARY 17-19, 2019

JW Marriott Atlanta Buckhead Hotel 3300 Lenox Rd NE, Atlanta, GA

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SPORTS MEDICINE FOR GROWING ATHLETES

9 Sports Medicine Doctors and Surgeons
25+ Locations
35 + Sports Physical Therapists
50+ Certified Athletic Trainers
40+ High Schools and Club Sports Affiliations

Children's Healthcare of Atlanta Sports Medicine

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Aleks Golde, Right Knee Symptomatic Plica

Physical Therapy is a department of Children's at Scottish Rite hospite

Learn more about our current sports medicine research projects at choa.org/sportsresearch



Welcome to Atlanta!

We are delighted to have you join us for the 6th Annual Meeting of the Pediatric Research in Sports Medicine Society. This year's scientific program features the presentation of nearly 200 original abstracts, with athletic trainers, orthopaedic surgeons, physical therapists, primary care sports medicine physicians, radiologists, scientists (and more!) coming from far and wide for the opportunity to share ideas with one another.

In addition to the record-breaking number of scientific research presentations, particular highlights of the 2019 PRiSM meeting include: three outstanding keynote speakers; a new collaboration with the Gait and Clinical Movement Analysis Society (GCMAS); a breakfast forum for advanced practice providers; a robust Pre-Course focused on care of young athletes in the post-operative setting; the introduction of a student research workshop; and a variety of lunch sessions whose content runs the gamut from social media savvy to surgical skills to special athletes.

Our objective in creating the scientific program for the 2019 Annual Meeting was to take PRISM and its members a step closer to our shared goal of achieving excellence in pediatric sports medicine research. We recognize that this would not be possible without the incredible commitment and enthusiasm of our members and for this, we thank you! In closing, we hope that each of you is able to take advantage of the many learning opportunities that this year's scientific program has to offer; equally important, we hope that you also find occasion to meet some new PRiSM colleagues and have a bit of "Hotlanta" fun!

Your 2019 Scientific Program Chairs,





Cordelia Carter, MD

Michael Busch, MD

Cordella Carter, IVID

PRISM MISSION

To lead interdisciplinary research, education and advancement in pediatric and adolescent sports medicine.

PURPOSE

The PRiSM 6th Annual Meeting is designed to provide high-quality dissemination of information in the basic sciences, prevention, diagnosis, treatment, and technological advances in the multidisciplinary areas of sports medicine for children and adolescents. The Scientific Program Committee has worked hard to provide a diverse, innovative and well-rounded program that incorporates feedback from previous Annual Meetings. As a result, we are pleased to offer you two full days of multidisciplinary education, engaging experts in the field of pediatric sports medicine, and collaboration opportunities.

ANNUAL MEETING OBJECTIVES

Upon completion of this activity, participants should be able to:

- Discuss the diagnosis & multidisciplinary management of common pediatric and adolescent sports related injuries.
- Establish treatment guidelines and algorithms for working with childhood athletes and their families.
- Examine multiple evidence-based approaches to treating pediatric sports concerns.
- Explore clinical approaches to the injured athlete throughout their continuum of care.
- Evaluate effective ways to improve patient care and reduce lifelong sequelae of sports injuries.

TARGET AUDIENCE

The target audience for the PRiSM 6th Annual Meeting includes athletic trainers, physical therapists, mid-level providers, radiologists, sports medicine providers, orthopedic surgeons, orthotists, rehab engineers, kinesiologists, nutritionists, educators, administrators, researchers, and all others concerned with pediatric and adolescent sports medicine.

ACCREDITATION

Children's Healthcare of Atlanta is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. Children's designates this live activity for a maximum of 22 AMA PRA Category 1 Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Credits have been approved through the **Physical Therapy Association of Georgia** (PTAG) for 22 contact hours for Physical Therapists. These credits may apply toward licensure in other states.



Children's Healthcare of Atlanta is approved by the **Board of Certification, Inc.** to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 22 Category A hours/ CEUs. Athletic trainers should claim only those hours actually spent in the educational program.

EVALUATIONS AND CEU CERTIFICATES

Upon completion of the 6th Annual Meeting, attendees may claim CEU credits and print their certificate by completing a brief evaluation. More detailed instructions will be sent via email once the meeting has adjourned.



ACKNOWLEDGEMENTS

The Pediatric Research in Sports Medicine Society would like to thank the following organizations for their generous support of the Society and 6th Annual Meeting...



Arthrex OrthoPediatrics

EXHIBITORS

We would like to thank the following companies for exhibiting at PRISM's 6th Annual Meeting. Tabletop displays are located in the foyer outside of Salons I-VI. The following companies and organizations help to make our Annual Meeting possible, and we encourage you to visit them all.

> Arthrex Brightlamp, Inc. Ceterix Orthopaedics Medi/Topical Gear

SECOND FLOOR

ANNOUNCEMENTS

Mobile Devices

As a courtesy to others, please silence your mobile devices during all presentations.

Internet Access

Complimentary internet is available throughout the conference center and hotel.

JWMarriott_conference

prism2019

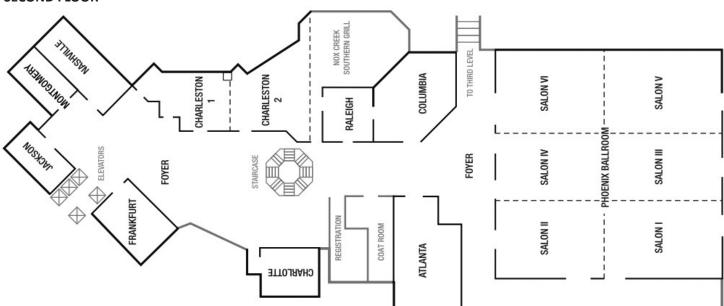
Conference center login: Conference center password:

Meals

Breakfast and lunch will be provided on Friday, January 18th and Saturday, January 19th. Continental breakfast and lunches will be available in the Salon foyer.

Networking Reception- Friday, January 18th

A one-hour networking reception will be held in the Charleston Room at 6:15pm. Participants will have a chance to speak with colleagues, exhibitors and poster presenters.



Wednesday, January 16, 2019

5:00 - 7:00 pm REGISTRATION

PRISM Pediatric Research in Sports Medicine Society

Thursday, January 17, 2019

| 6:30 am - 9:30 pm | REGISTRATION | | 2 nd Floor |
|-------------------|--|--|-----------------------------|
| 7:00 - 8:00 am | BREAKFAST | | 2 nd Floor Foyer |
| 8:00 am - 1:00 pm | PRE-COURSE: A Unique Approach to the Post-Op Patient | | Phoenix Salon II/IV |
| | Program Chairs: K | ristina Johnson, ATC, OPA-C and Mark Paterno, PT, PhD, SCS | |
| | Program Faculty: . Katherine Shary, F | John Erickson, DO, Cheryl Hartzell, MD, Chris Hendley, DPT, Melissa Christino, ML RD, LD |), |
| | AGENDA | | |
| | 8:00 - 8:05 am | Introduction | |
| | 8:05 - 8:45 am | Post-op Skin: Red Flags and Optimal PO Management I. Skin Reactions Cleaning prep dermatitis Allergic reaction to steri-strips Medication reactions | |
| | | II. Infections Red flags Wound care & antibiotics How does this affect-post-op rehab | |
| | 8:45 - 8:50 am | Q&A | |
| | 8:50 - 9:50 am | Alternative Management of Pain Control Post-OperativelyI. Medical ManagementIncrease in pain?Opioid epidemic? | |
| | | II. The Effect of Nerve Blocks on Po Outcomes III. Alternative Pain Management: Is There a Role? Science behind manual techniques When is it used? Benefits and risks? | |
| | 9:50 - 9:55 am | Q&A | |
| | 9:55 -10:10 am | BREAK | |
| | 10:10 - 10:50 am | Managing the Mental Health of the Athlete: Sports Psychology I. Stages of grief | |
| | | II. How to approach/speak to patients under the depression umbrella | |
| | 10:50 - 10:55 am | Q&A | |
| | 10:55 - 11:35 am | Post-Op Wellness I. How to Get Back to the Pre-Injury Level of Sport • Nutrition • Supplements • Recommendations on sleep and recovery | |
| | 11:35 - 11:40 am | Q&A | |
| | 11:40 - 12:35 pm | I. Return to Sport Testing Consensus on what is an acceptable pass? How good is the predictive reliability? Can this be a multi-center group effort? Discussion | |
| | 12:35 - 1:00 pm | Wrap up/Final thoughts/Discussion | |
| | | | |

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LOCATION

2nd Floor



LOCATION

| | | LOCATION |
|----------------|--|---------------------|
| 2:00 - 3:30 pm | PRISM RESEARCH INTEREST GROUP MEETINGS (Group 1) | |
| • | Meniscus | Nashville |
| | Female Athlete | Atlanta |
| | Tibial Spine | Atlanta |
| | Shoulder Instability | Jackson |
| | Spine/Spondy | Charlotte |
| | Concussion | Columbia |
| | Outcome Measures | Columbia |
| | Injury Prevention | Raleigh |
| 3:30 - 5:00 pm | PRISM RESEARCH INTEREST GROUP MEETINGS (Group 2) | 0 |
| 5.50 - 5.00 pm | Patella | Nashville |
| | Stress Fractures/Overuse | Atlanta |
| | UCL/Medial Epicondyle | Raleigh |
| | Sports Specialization | Jackson |
| | MSK Ultrasound | Columbia |
| | Rehabilitation | Atlanta |
| | Hip Disorders | Charlotte |
| | Knee Multi-Ligament Injury | Columbia |
| 5:00 - 7:00 pm | PRISM COMMITTEE MEETINGS & DINNER | |
| 5.00 7.00 pm | Education | Columbia |
| | Membership | Atlanta |
| | Research | Raleigh |
| 7:00 - 7:05 pm | WELCOME | Phoenix Salons I-IV |
| 7.00 - 7.05 pm | Ted Ganley, MD and Andrew Gregory, MD | |
| | | |
| 7:05 - 8:00 pm | KEYNOTE PRESENTATION - NUTRITION STRATEGIES FOR THE YOUNG ATHLETE: | Phoenix Salons I-IV |
| | MYTHS AND REALITIES | |
| | Dan Benardot, PhD, DHC, RD, LD, FACSM | |
| | Dr. Benardot received his PhD from Cornell University, is a Registered and Licen | |
| | Nutritionist, and is a Fellow of the American College of Sports Medicine. He is a | |
| | Doctor of Humane Letters (DHC-Doctoria Honoris Causa) from Marywood Univ | |
| | accomplishments in the area of sports nutrition. He recently retired as Professo | |
| | Professor of Kinesiology and Health at Georgia State University, where he serve | |
| | Laboratory for Elite Athlete Performance. He is now Professor Emeritus at Geor | • |
| | and Visiting Professor in the Center for the Study of Human Health at Emory Un | |
| | is the inventor of NutriTiming [®] web-based and Apple iOS software, which provides real-time ac | |
| | energy balance to improve body composition and athletic performance. He is the author of sev | |
| | "Advanced Sports Nutrition-2nd Edition" and many book chapters refereed journal articles. His "Nutrition for Exercise Science", is due to be published November, 2018. He has worked for ma | |
| | athletes, including power athletes and endurance athletes, and he was also the team nutritioni | |
| | leading up to the Atlanta Falcons 2017 NFC Championship. | st for the 5 years |
| | | |
| 8:00 - 9:30 pm | SHOULDER INJURIES IN YOUNG ATHLETES | Phoenix Salons I-IV |
| 8:00 - 8:30 pm | MY APPROACH TO SHOULDER INSTABILITY | |
| | Spero Karas, MD | |
| 8:30 - 9:30 pm | CASE PRESENTATION and PANEL DISCUSSION | |
| | Moderator: Philip Wilson, MD | |
| | Faculty: Elliot Greenberg, MD, Kristina Johnson, ATC, OPA-C, Keith May, PT, DPT, ATC, Stephanie | Mayer, MD, |
| | Donna Merkel, PT, MS, SCS, CSC, Cliff Willimon, MD | |
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LOCATION

| Friday, January | 18, 2019 | | LOCATION |
|------------------|---|---|-----------------------|
| 6:00am - 7:00 pm | REGISTRATION | | 2 nd Floor |
| 6:30 - 7:30 am | BREAKFAST | | Foyer/Charleston |
| 7:15 - 7:45 am | PRISM BUSINESS MEETING 1. State of the Society 2. Financial Report 3. Committees Reports Education Membership Research 4. Vote on Proposed Bylaw Changes 5. Election Results 6. Thank you to Departing Board Memberss Kenneth Rogers - Director At Large Philip Wilson - Director At Large Christina Master - Director At Large Mininder Kocher - Past Past President 7. Adjourn | Theodore Ganley, MD, PRiSM President John Polousky, MD, PRiSM Treasurer Matthew Milewski, MD/ Matthew Schmitz, MD Mike Busch, MD/ Kristina Johnson, ATC, OPA-C Benton Heyworth, MD/ Jeffrey Nepple, MD Theodore Ganley, MD, PRiSM President Kevin Shea, PRiSM Immediate Past President/Nomina Theodore Ganley, MD, PRiSM President | Phoenix Salons I-IV |
| 7:45 - 11:30am | GENERAL SESSION | | Phoenix Salons I-IV |
| 7:45 - 8:00 am | WELCOME & INTRODUCTION TO SCIENTIFIC | C PROGRAM | Phoenix Salons I-IV |
| 8:00 - 8:45 am | SCIENTIFIC PAPERS – INJURY PREVENTION A Moderator: Tim McGuine, PhD, ATC | A | Phoenix Salons I-IV |
| 8:00 - 8:07 am | RESEARCH UPDATE & LITERATURE HIGHLIGH Kevin Latz, MD and Lauren Butler, DPT | TS | |
| 8:08 - 8:13 am | EFFECT OF PENALTY MINUTE RULE CHANGE PENALTIES IN HIGH SCHOOL ICE HOCKEY Peter Kriz, MD | ON INJURIES AND GAME DISQUALIFICATION | |
| 8:14 - 8:19 am | FUNCTIONAL CONNECTIVITY AND REDUCES | NEUROMUSCULAR TRAINING INCREASES BRAIN HIGH-RISK KNEE BIOMECHANICS | |
| 8:20 - 8:25 am | Jed A. Diekfuss, PhD BIOMECHANICAL SYMMETRY DURING DROP UNINJURED ADOLESCENT ATHLETES Curtis VandenBerg, MD | JUMP AND SINGLE-LEG HOP LANDING IN | |
| 8:26 - 8:31 am | MAPPING COMPRESSIVE AND TENSILE STRA SCHLATTER DISEASE USING ULTRASOUND EL Katherine Rizzone, MD, MPH | | |
| 8:32 - 8:45 am | DISCUSSION | | |
| 8:45 - 9:30 am | SCIENTIFIC PAPERS – ACL A Moderator: Eric Edmonds, MD | | Phoenix Salons I-IV |
| 8:45 - 8:52 am | Research Update & Literature Highlights Mark Paterno, PT, PhD, MBA, SCS, ATC | | |
| 8:53 - 8:58 am | GRAFT CHOICE FOR ADOLESCENT ATHLETES COHORT ANALYSIS OF PATELLAR TENDON AN Crystal Perkins, MD | RETURNING TO HIGH-RISK SPORTS: A MATCHED ND HAMSTRING AUTOGRAFTS | |
| 8:59 - 9:04 am | OUTCOMES FOLLOWING ACL RECONSTRUCT HAMSTRING TENDON AUTOGRAFT IN ADOLI AND BODY MASS INDEX-MATCHED COHORT Benton E. Heyworth, MD | ESCENT ATHLETES: AN AGE-MATCH, SEX-MATCHED, | |
| 9:05 - 9:10 am | THE PHYSEAL-SPARING COMBINED EXTRA-/I IN CHILDREN: A LONG-TERM STRENGTH, BAI Elizabeth Liotta, MBBS | NTRA-ARTICULAR ILIOTIBIAL BAND ACL RECONSTRUC LANCE, AND FUNCTIONAL ANALYSIS | TION |
| 9:11 - 9:16 am | IS EARLY EXCELLENT ISOKINETIC AND FUNCT IN PATIENTS WITH OPEN-PHYSES PREDICTIVE Todd A. Milbrandt, MD | IONAL TESTING FOLLOWING ACL RECONSTRUCTION E OF SUBSEQUENT ACL DISRUPTION? | |





| 2:30 - 3:15 pm | SCIENTIFIC PAPERS: HIP A Phoenix Salons I/III Moderator: Allison Crepeau, MD | 2:30 - 3:15 pm | SCIENTIFIC PAPERS: OUTCOME MEASURES B Phoenix Salons II/IV Moderator: <i>Timothy Duer, PT</i> |
|----------------|---|----------------|---|
| | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Jeffrey Nepple, MD | 2:30 - 2:37 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Peter Fabricant, MD |
| 2:38 - 2:44 pm | WHAT NEUROMONITORING CHANGES CAN BE EXPECTED DURING HIP ARTHROSCOPY IN THE PEDIATRIC POPULATION? Brian Haus, MD | 2:38 - 2:44 pm | DELIVERY OF COMMON KNEE PATIENT-REPORTED OUTCOME INSTRUMENTS BY AUTOMATED MOBILE PHONE TEXT MESSAGING IN PEDIATRIC SPORTS MEDICINE Xochitl Mellor, BS |
| | ACETABULAR VERSION INCREASES DURING ADOLESCENCE SECONDARY TO A REDUCTION IN ANTERIOR FEMORAL HEAD COVERAGE Sasha Carsen, MD | 2:45 - 2:50 pm | POSTOPERATIVE AND POST-DISCHARGE PAIN OUTCOMES AND OPIOID REQUIREMENTS IN PEDIATRIC ARTHROSCOPIC ACL RECONSTRUCTION AND/OR MENISCUS PROCEDURES MANAGED WITH PERIPHERAL NERVE BLOCKADE Julien Aoyama, BA |
| · | PEDIATRIC PATIENTS WITH FAI AND INFLAMMATORY COMORBIDITIES HAVE A CHARACTERISTIC CAM DEFORMITY: A PILOT STUDY Sasha Carsen, MD | 2:51 - 2:56 pm | DOES ACL TUNNEL PLACEMENT AFFECT QUALITY OF LIFE IN ADOLESCENTS? Eric Fornari, MD |
| | THE RISE AND FALL OF DGEMRIC EVALUATION IN THE ADOLESCENT HIP <i>Kelley W. Marshall, MD</i> | 2:57 - 3:02 pm | VALIDITY, MEANS, AND DISTRIBUTION OF THE HSS PEDI-FABS IN PEDIATRIC ATHLETES AND IN COMMON SPORTS K. John Wagner, III, BS |
| 3:03 - 3:15 pm | DISCUSSION | 3:03 - 3:15 pm | DISCUSSION |
| 3:15 - 4:00 pm | SCIENTIFIC PAPERS: ELBOW Phoenix Salons II/IV Moderator: Stephanie Mayer, MD | 3:15 - 4:00 pm | SCIENTIFIC PAPERS: CONCUSSION B Phoenix Salons I/III Moderator: Tamara McLeod, PhD, ATC, FNATA |
| | RESEARCH UPDATE & LITERATURE HIGHLIGHTS J. Todd Lawrence, MD | 3:15 - 3:22 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS David Howell, MD |
| | HOW DO IMAGING PRACTICES VARY ACROSS THE UNITED STATES WHEN DIAGNOSING A MEDIAL EPICONDYLE FRACTURE? Neeraj M. Patel, MD, MPH, MBS | 3:23 - 3:28 pm | VESTIBULAR AND OCULAR MOTOR FINDINGS IN ACUTELY INJURED 8-12-YEAR-OLD PATIENTS FOLLOWING CONCUSSION Scott O. Burkhart, PsyD |
| 3:29 - 3:34 pm | DECELERATION PHASE MOMENTS: A POTENTIAL CAUSE FOR ELBOW INJURY IN COLLEGIATE LEVEL BASEBALL PITCHERS <i>Carl W. Nissen, MD</i> | 3:29 - 3:34 pm | THE ASSOCIATION OF HISTORY OF CONCUSSION WITH BASELINE SCORES ON THE SPORT CONCUSSION ASSESSMENT TOOL (SCAT5) IN HIGH SCHOOL RUGBY PLAYERS Amanda Black, CAT(c), PhD |
| | MAGNETIC RESONANCE IMAGING FINDINGS ASSOCIATED WITH ULNAR COLLATERAL LIGAMENT TEARS IN ADOLESCENT BASEBALL PITCHERS <i>Michael Saper, DO, ATC, CSCS</i> | 3:35 - 3:40 pm | CLINICAL PREDICTORS OF SYMPTOM RESOLUTION FOR CHILDREN AND ADOLESCENTS WITH SPORT- RELATED CONCUSSION David Howell, PhD |
| · | IMPACT OF DISTAL ULNAR RESECTION AND ELBOW JOINT POSITIONS IN RELATION TO LOAD TRANSMISSION ACROSS THE RADIOCAPITELLAR JOINT Shivani Sadwal, BS | 3:42 - 3:46 pm | MECHANISM OF INJURY AND POST-CONCUSSION SYMPTOMS IN ADOLESCENT SOCCER PLAYERS Stephen C. Bunt, EdD |
| | | | |

4:00 - 4:30 pm

EXHIBIT AND POSTER/EPOSTER VIEWING BREAK



| 4:30 - 5:15 pm | SCIENTIFIC PAPERS: MENISCUS Phoenix Salons I/III Moderator: Marie-Lynn Nault, MD | 4:30 - 5:15 pm | SCIENTIFIC PAPERS: KNEE ZEBRAS Phoenix Salons II/IV Moderator: Andy Pennock, MD |
|----------------|--|----------------|---|
| 4:30 - 4:37 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Benton Heyworth, MD | 4:30 - 4:37 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Henry Ellis, MD |
| 4:38 - 4:43 pm | DOES DISCOID MORPHOLOGY AFFECT PERFORMANCE ON RETURN-TO-SPORT TESTING AFTER MENISCUS REPAIR? <i>Michael Saper, DO, ATC, CSC</i> | 4:38 - 4:43 pm | CONCOMITANT POSTEROLATERAL CORNER INJURIES IN SKELETALLY IMMATURE PATIENTS WITH ACUTE ANTERIOR CRUCIATE LIGAMENT INJURIES Mininder S. Kocher, MD, MPH |
| 4:44 - 4:49 pm | OUTCOMES OF DISCOID MENISCUS REPAIRS IN CHILDREN AND ADOLESCENTS Cliff Willimon, MD | 4:44 - 4:49 pm | AVULSIONS OF THE DISTAL FEMUR AND PROXIMAL TIBIA: RARE LIGAMENTOUS INJURIES IN CHILDREN AND ADOLESCENTS Crystal Perkins, MD |
| 4:50 - 4:55 pm | PREVALENCE OF CONCOMITANT PATHOLOGY IN SKELETALLY IMMATURE PATIENTS WITH ANTERIOR CRUCIATE LIGAMENT TEARS Carl W. Nissen, MD | 4:50 - 4:55 pm | RELIABILITY IN RADIOGRAPHIC REVIEW OF TIBIAL SPINE FRACTURES IN A TIBIAL SPINE RESEARCH INTEREST GROUP Henry B. Ellis, MD |
| 4:56 - 5:01 pm | MENISCUS ROOT TEARS IN CHILDREN AND ADOLESCENTS Cliff Willimon, MD | 4:56 - 5:01 pm | FUNCTIONAL POPLITEAL ARTERY ENTRAPMENT SYNDROME: INVESTIGATION WITH DYNAMIC AND DOPPLER ULTRASOUND Patricia B. Delzell, MD |
| 5:02 - 5:15 pm | DISCUSSION | 5:02 - 5:15 pm | DISCUSSION |
| 5:15 - 6:05 pm | SCIENTIFIC PAPERS: SPORTS SPECIALIZATION Phoenix Salons I/III Moderator: David Bell, PhD, ATC | 5:15 - 6:05 pm | SCIENTIFIC PAPERS: OVERUSE Phoenix Salons II/IV Moderator: Naomi Brown, MD |
| 5:15 - 5:22 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Scott McKay, MD | 5:15 - 5:22 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Kathryn Ackerman, MD, MPH, FACSM |
| 5:23 - 5:28 pm | FEMORAL NERVE BLOCK VERSUS ADDUCTOR CANAL BLOCK FOR ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION IN PEDIATRIC AND ADOLESCENT PATIENTS Orlando D. Sabbag, MD | 5:23 - 5:28 pm | THE EPIDEMIOLOGY OF BACK PAIN IN CHILDREN AND ADOLESCENTS: A CROSS-SECTIONAL STUDY OF 2,001 AMERICAN YOUTH Peter D. Fabricant, MD, MPH |
| 5:29 - 5:34 pm | OVERUSE INJURY RISK INCREASES WITH YEAR- ROUND SPORT PARTICIPATION IN MIDDLE SCHOOL AGED ATHLETES Kevin M. Biese, MA, ATC | 5:29 - 5:34 pm | YOUTH MARATHON TRAINING: INJURY EPIDEMIOLOGY & RISK FACTORS Joshua Goldman, MD, MBA |
| 5:35 - 5:40 pm | SAFETY IN OUTPATIENT SURGICAL PROCEDURES – A REVIEW OF EARLY COMPLICATION RATES OF AMBULATORY SPORTS MEDICINE CASES Angelina lyinbor, BA | 5:35 - 5:40 pm | GYMNAST'S WRIST: A RETROSPECTIVE ANALYSIS OF DESCRIPTIVE EPIDEMIOLOGY, CLINICAL & RADIOLOGIC FEATURES, TREATMENT & OUTCOMES Nicholas Sullivan, BS |
| 5:41 - 5:46 pm | PROGRESSIVE ELBOW MRI ABNORMALITIES IN LITTLE LEAGUE BASEBALL PLAYERS ARE COMMON: A 3-YEAR LONGITUDINAL EVALUATION Andrew Pennock, MD | 5:41 - 5:46 pm | FINGER STRESS FRACTURES IN YOUTH ELITE ROCK CLIMBERS Aaron Provance, MD |
| 5:47 - 5:52 pm | A COMPARISON OF EMERGENCY PREPAREDNESS AND MEDICAL COVERAGE BETWEEN HIGH | 5:47 - 5:52 pm | SENSITIVITY AND SPECIFICITY OF PHYSICAL EXAMINATION TESTS FOR SACROILIAC PAIN IN |
| | SCHOOL AND CLUB SPORT COACHES Eric G. Post, PhD, ATC | | THE ADOLESCENT AND YOUNG ATHLETES Pierre d'Hemecourt, MD |

6:15 – 7:15 pm NETWORKING RECEPTION

LOCATION



| Saturday, Janua | ary 19, 2019 | LOCATION |
|--------------------|--|-----------------------|
| 6:00 am - 7:00 pm | REGISTRATION | 2 nd Floor |
| 6:15 - 7:45 am | BREAKFAST | Foyer/Charleston |
| 6:30 - 7:30 am | COFFEE TALKS | |
| | ADVANCED PRACTICE PROVIDER FORUM Moderators: Kristina Johnson, ATC, OPA-C, Ben Forst, PA | Jackson |
| | STUDENT RESEARCH WORKSHOP | Atlanta |
| | Moderators: Cordelia Carter, MD, Nirav Pandya, MD | |
| 7:45 am - 12:00 pm | GENERAL SESSION | Phoenix Salons I-IV |
| 7:45 - 8:00 am | RIG UPDATES | Phoenix Salons I-IV |
| | Ultrasound RIG – Research Update and Literature Review Andrea Stracciolini, MD | |
| | Multi-ligament Knee Injury RIG – Research Update and Literature Review Cliff Willimon, MD | |
| | Spondylolysis RIG – Research Update and Literature Review Andrew Gregory, MD | |
| 8:00 - 8:38 am | SCIENTIFIC PAPERS – CONCUSSION A Moderator: Christina Master, MD | Phoenix Salons I-IV |
| 8:00 - 8:05 am | COMPARISON OF HEAD IMPACT BIOMECHANICS BETWEEN TACKLE AND FLAG YOUTH FOOTBALL Landon B. Lempke, MEd, ATC | |
| 8:06 - 8:11 am | REPETITIVE HEAD IMPACTS IN YOUTH FOOTBALL: DESCRIPTION AND RELATIONSHIP TO WHITE MATTER STRUCTURE <i>Kurt Nilsson, MD, MS</i> | |
| 8:12 - 8:17 am | THE DEVELOPMENT AND READABILITY OF THE CONCUSSION QUALITY OF LIFE SCALE-YOUTH FOR ASSESSING HEALTH-RELATED QUALITY OF LIFE FOLLOWING SPORT-RELATED CONCUSSION. <i>Tamara C. Valovich McLeod, PhD, ATC, FNATA</i> | |
| 8:18 - 8:23 am | DOCOSAHEXAENOIC ACID (DHA) FOR THE TREATMENT OF PEDIATRIC SPORT-RELATED CONCUSSIC RESULTS OF A FEASIBILITY TRIAL Shane M. Miller, MD | DN: |
| 8:24 - 8:37 am | DISCUSSION | |
| 8:38 - 9:30 am | SCIENTIFIC PAPERS – PATELLAR INSTABILITY Moderator: <i>Eric Wall, MD</i> | Phoenix Salons I-IV |
| 8:38 - 8:45 am | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Daniel Green, MD | |
| 8:46 - 8:51 am | MPFL SURGICAL SIMULATION WITH FEMORAL DRILL HOLE ALLOWING FOR ADJUSTABLE GRAFT TE Cooper Shea, BS | ENSION |
| 8:52 - 8:57 am | INCREASED LIKELIHOOD OF PEDIATRIC RECURRENT PATELLAR DISLOCATIONS BASED ON SEVERITY OF RADIOGRAPHIC MEASURES Pat Riley, MD | |
| 8:58 - 9:03 am | DESCRIPTIVE EPIDEMIOLOGY STUDY OF THE JUSTIFYING PATELLAR INSTABILITY TREATMENT BY EARLY RESULTS (JUPITER) COHORT Meghan E. Bishop, MD | |
| 9:04 - 9:09 am | PATELLAR FACET MORPHOLOGY IN EARLY PEDIATRIC DEVELOPMENT Philip Wilson, MD | |
| 9:10 - 9:15 am | THE EFFECT OF TROCHLEAR DYSPLASIA ON COMMONLY USED RADIOGRAPHIC PARAMETERS TO ASSESS PATELLAR INSTABILITY <i>J. Lee Pace, MD</i> | |
| 9:16 - 9:30 am | DISCUSSION | |



| | | LOCATION |
|---------------------|--|-----------------------------|
| 9:30 - 10:00 am | PRISM GAVEL EXCHANGE & UPDATES | Phoenix Salons I-IV |
| | Ted Ganley, MD, Andrew Gregory, MD | |
| 10:00 - 10:25 am | EXHIBIT AND POSTER/E-POSTER VIEWING BREAK | Foyer & Phoenix Salons V/VI |
| 10:25 - 11:00 am | SCIENTIFIC PAPERS – OUTCOME MEASURES A Moderator: James MacDonald, MD MPH | Phoenix Salons I-IV |
| 10:25 - 10:30 am | THE USE OF PATIENT REPORTED OUTCOME MEASURES BY PHYSICAL THERAPISTS IN THE PEDIATRIC SPORTS POPULATION <i>Jamila N. Aberdeen, PT, DPT, OCS</i> | |
| 10:31 - 10:36 am | VALIDATION OF A COMPUTER-BASED SYSTEM FOR THE COLLECTION OF PATIENT REPORT OUTCOME MEASURES IN PEDIATRIC SPORTS MEDICINE <i>Aaron J. Zynda, BS, CCRP</i> | ED |
| 10:37 - 10:42 am | EVALUATION OF THE UTILITY OF THE ANTERIOR CRUCIATE LIGAMENT RETURN TO SPORT INJURY (ACL-RSI) SCALE WITHIN PEDIATRIC ATHLETES Elliot Greenberg, PT, PhD | AFTER |
| 10:43 - 10:48 am | ARE SELF-REPORTED PAIN SCALES IN PEDIATRICS VALID? Meagan J. Sabatino, BA | |
| 10:49 - 11:00 am | DISCUSSION | |
| 11:00 am - 12:00 pm | ALLEN ANDERSON LECTURESHIP – PREVENTING SUDDEN DEATH IN SPORT: BEST PRACTICES AND POLICY CHANGES FOR THE HIGH SCHOOL ATHLETE Doug Casa, PhD, ATC, FNAK, FACSM, FNATA | Phoenix Salons I-IV |
| | For Douglas Casa, the opportunity to maximize athletic performance in t | he heat and prevent sudden |



For Douglas Casa, the opportunity to maximize athletic performance in the heat and prevent sudden death in sport is the culmination of a life-long path; his passion for the study of exertional heat stroke started in 1985 when he suffered an exertional heat stroke while running a 10K race. This experience motivated what has become his life's cause: the study of exertional heat stroke, heat illnesses, hydration, and preventing sudden death in sport – his ultimate goal is to find ways to maximize performance in challenging circumstances while working prevent needless tragedy during sport and physical activity. For the past 18 years, Dr. Casa has worked toward his goals at the Department of

Kinesiology, College of Agriculture, Health, and Natural Resources, University of Connecticut. During this time he has published more than 200 peer-reviewed publications/book chapters and presented more than 400 times on subjects related to exertional heat stroke, heat-related illnesses, preventing sudden death in sport, and hydration. Dr. Casa has successfully treated 285 cases of exertional heat stroke (with 0 fatalities).

| 12:00 - 12:30 pm | LUNCH BREAK | Foyer |
|------------------|---|----------------------|
| 12:30 - 1:30 pm | LUNCH AND LEARN SESSIONS 4-6 | |
| | 4. SPECIAL INJURIES IN SPECIAL ATHLETES | Phoenix Salons I/III |
| | Introduction to Special Athletes – The Pre-Participation Physical Jason Rhodes, MD | |
| | Accidental Injuries in Special Athletes | |
| | Cordelia Carter, MD | |
| | Non-Accidental Injuries in Vulnerable Athletes | |
| | Yetsa Tuakli-Wosornu, MD, MPH | |
| | • Q&A | |
| | 5. ARTHREX INNOVATIONS: EMERGING TECHNOLOGY IN TREATING YOUTH SPORTS MEDICINE INJURIES | Atlanta |
| | •All-inside, All-epiphyseal ACL Reconstruction | |
| | Frank Cordasco, MD | |
| | Treating Typical and Atypical Meniscus Pathology in the Young Athlete Paul Saluan, MD | |
| | Knotless Labral Repair in the Young Contact Athlete Michael Busch, MD | |
| | Q&A Discussion | |
| | Moderator: Dan Green, MD | |



- 6. NINE WHILE YOU DINE: MEET THE TOP POSTER PRESENTERS OF 2019 Moderator: Greg Schmale, MD, Pamela Lang, MD
 - Recovery of Lower Extremity Strength and Function Following ACL Reconstruction in Skeletally Immature Patients Dai Sugimoto, PhD
 - ACL Growth With Age in Pediatric Patients: An Mri Study Danielle Putur, BA
 - Sex Differences in Quadriceps Strength Among Adolescents Within 1 Year of ACL Reconstruction *Christopher Kuenze, PhD, ATC*
 - Current Practice Trends in the Surgical Management of Patellofemoral Instability; A Survey of the Pediatric Research in Sports Medicine (Prism) Society *Curtis VandenBerg, MD*
 - Lateral Patellar Inclination in Children And Adolescents: Modified Measurement Technique to Characterize Patellar Instability *Christopher Cheng, BS*
 - The Relationship Between Perceived Social Support and Psychological Factors Related to Returning to Sport in Adolescents Following Anterior Cruciate Ligament Reconstruction *Aubrey Armento, MD*
 - Systematic Review of Surgical Indications For Tibial Derotational Osteotomy *Yushane Shih, MD*
 - The Size And Positional Relationship of the Medial Patellofemoral Ligament in Early Pediatric Development *Philip Wilson, MD*
 - The Evaluation of Supratrochlear Osseous Morphology: An Epidemiologic Study *Gabriel Onor, BS*

LOCATION Phoenix Salons V/VI



| 1:45 - 2:22 pm | SCIENTIFIC PAPERS: INJURY PREVENTION B Phoenix Salons I/III Moderator: Gregory Myer, PhD | 1:45 - 2:22 pm | SCIENTIFIC PAPERS: ACL B Phoenix Salons II/IV Moderator: John Polousky, MD |
|----------------|--|----------------|--|
| 1:45 - 1:50 pm | JUMP LANDING MECHANICS OF ADOLESCENT ATHLETES DURING AGES OF PEAK ACL INJURY RISK: IDENTIFYING SEX DIFFERENCES WITH A PORTABLE MOTION SENSOR Brad W. Willis, PT, MPT | 1:45 - 1:50 pm | TRENDS IN PEDIATRIC ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION: A REVIEW OF SURGEON FELLOWSHIP, GEOGRAPHY, AND MENISCUS SURGERY IN THE ABOS PART 2 DATABASE Henry B. Ellis, MD |
| 1:51 - 1:56 pm | EFFECTIVENESS OF HIGH SCHOOL GIRLS LACROSSE HEADGEAR MANDATE IN THE REDUCTION OF HEAD AND FACE INJURIES Samuel Baron, BS | 1:51 - 1:56 pm | BIOMECHANICAL COMPARISON OF ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION TECHNIQUES USING A NOVEL ROBOTICALLY SIMULATED PIVOT SHIFT: A CADAVERIC STUDY Paul M. Saluan, MD |
| 1:57 - 2:02 pm | INFLUENCE OF A PRE-SEASON COACHES' EDUCATION WORKSHOP STRATEGY ON ATHLETE INJURY RISK ASSESSMENT Hayley J. Root, PhD, MPH, ATC | 1:57 - 2:02 pm | PARTIAL TRANSPHYSEAL ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION: CLINICAL, FUNCTIONAL, AND RADIOGRAPHIC OUTCOMES Nirav K. Pandya, MD |
| 2:03 - 2:08 pm | EFFECT OF STATIC ANATOMIC ALIGNMENT ON DYNAMIC LIMB VALGUS DURING SIDE-STEP CUTTING IN UNINJURED ADOLESCENT ATHLETES Tracy Zaslow, MD FAAP CAQSM | 2:03 - 2:08 pm | DOES A COMBINED INTRA-ARTICULAR AND EXTRA-ARTICULAR ACL RECONSTRUCTION EFFEC EXTERNAL KNEE VALGUS MOMENT ASYMMETRY <i>Kirsten Tulchin-Francis, PhD</i> |
| 2:09 - 2:22 pm | DISCUSSION | 2:09 - 2:22 pm | DISCUSSION |
| 2:23 - 3:15 pm | SCIENTIFIC PAPERS: SHOULDER Phoenix Salons II/IV Moderator: Jeremy Frank, MD | 2:23 - 3:15 pm | SCIENTIFIC PAPERS: HIP B Phoenix Salons I/III Moderator: <i>Matt Schmitz, MD</i> |
| 2:23 - 2:30 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Jonathon Riboh, MD | 2:23 - 2:28 pm | DO ALTERATIONS IN PELVIC ROTATION ON THE FALSE PROFILE RADIOGRAPH EFFECT THE APPARENT AIIS MORPHOLOGY? Adam Khan, MD |
| 2:31 - 2:36 pm | SLAP TEARS IN THE PEDIATRIC PATIENT: WHO IS TREATING THEM AND WHERE? Lauren Agatstein, BA, MA | 2:29 - 2:34 pm | BORDERLINE ACETABULAR DYSPLASIA: INDEPENDENT PREDICTORS OF HIP INSTABILITY VERSUS IMPINGEMEN Elizabeth Graesser, BS |
| 2:37 - 2:42 pm | RISK FACTORS PREVENTING RETURN TO BASELINE ACTIVITY LEVEL AFTER BANKART REPAIR Julien T. Aoyama, BA | 2:35 - 2:40 pm | FAI SURGERY IN THE ADOLESCENT POPULATION: MILD DEFORMITIES AND LACK OF SPORTS PARTICIPATION ARE ASSOCIATED WITH AN INCREASED RISK OF TREATMENT FAILURE Jeffrey Nepple, MD |
| 2:43 - 2:48 pm | ANALGESIC EFFECTIVENESS OF CONTINUOUS INTERSCALENE CATHETER USE FOR AMBULATORY SHOULDER SURGERY IN PEDIATRIC AND ADOLESCENT PATIENTS Michael Saper, DO, ATC, CSCS | 2:41 - 2:46 pm | ISCHIOFEMORAL IMPINGEMENT IN ADOLESCENTS: FROM CLINICAL PRESENTATION TO RETURN TO SPORTS Javier Besomi, MD |
| 2:49 - 2:54 pm | INCREASING VALUE: CAN MIDSHAFT CLAVICLE FRACTURES BE SURGICALLY TREATED AS AN OUTPATIENT? Jermonte Lowe, BS | 2:47 - 3:15 pm | DISCUSSION |
| 2:55 - 3:15 pm | DISCUSSION | | |
| • | | | |

3:15 - 3:45 pm EXHIBIT AND POSTER/E-POSTER VIEWING BREAK

LOCATION Foyer & Phoenix Salons V/VI



| 3:45 - 4:30 pm | SCIENTIFIC PAPERS: REHABILITATION Phoenix Salons II/IV Moderator: Donna Merkel, PT, MS, SCS, CSC | 3:45 - 4:30 pm | SCIENTIFIC PAPERS: FEMALE ATHLETE Phoenix Salons I/III Moderator: Bianca Edison, MD MS FAAP |
|----------------------------------|--|----------------|---|
| 3:45 - 3:52 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Elliot Greenberg, MD | 3:45 - 3:52 pm | RESEARCH UPDATE & LITERATURE HIGHLIGHTS Katherine Rizzone, MD, MPH |
| 3:53 - 3:58 pm | HEALTHY PEDIATRIC ATHLETES HAVE SIGNIFICANT BASELINE LIMB ASYMMETRIES ON COMMON RETURN TO SPORT PERFORMANCE TESTS John Magill, PT, DPT | 3:53 - 3:58 pm | ANTERIOR CRUCIATE LIGAMENT INJURIES IN HIGH SCHOOL FEMALE AND MALE SOCCER ATHLETES: ARE MATCH ACL RATES BEING UNDERESTIMATED? Aaron D. Gray, MD |
| 3:59 - 4:04 pm | RETURN TO SPORT PHYSICAL PERFORMANCE TESTING IN CHILDREN - BUILDING POPULATION NORMS Heather Myers, PT, DPT | 3:59 - 4:04 pm | SEX-BASED DIFFERENCES IN THE OUTCOMES OF ACL RECONSTRUCTION WITH QUADRICEPS TENDON – PATELLAR AUTOGRAFT IN ADOLESCENT PATIENTS Alexia G. Gagliardi, BA |
| 4:05 - 4:10 pm | RELIABILITY AND STABILITY OF THE Y BALANCE TEST IN HEALTHY EARLY ADOLESCENT FEMALE ATHLETES Eric T. Greenberg, DPT, SCS, CSCS | 4:05 - 4:10 pm | RELATIONSHIP BETWEEN AGE AND RED-S OR FEMALE ATHLETE TRIAD RISK LEVEL Bryan Holtzman, BA |
| 4:11 - 4:16 pm | LESS THAN HALF OF YOUTH ATHLETES CAN ACHIEVE 90% LIMB SYMMETRY ON A BATTERY OF SINGLE LEG HOP TESTS Elliot Greenberg, PT, PhD | 4:11 - 4:16 pm | NEURAL CORRELATES OF KNEE MOTOR CONTROL FOR YOUNG FEMALES WITH PATELLOFEMORAL PAIN Jed A. Diekfuss, PhD |
| 4:17 - 4:30 pm | DISCUSSION | 4:17 - 4:30 pm | DISCUSSION |
| 4:30 - 5:15 pm | SCIENTIFIC PAPERS: OCD Phoenix Salons I/III Moderator: Kevin Shea, MD | 4:30 - 5:15 pm | SCIENTIFIC PAPERS: SLEEP, PILLS AND ROCK N ROLL Phoenix Salons I/III Moderator: Jane Chung, MD |
| 4:30 - 4:35 pm | ADOLESCENT OBESITY IS ASSOCIATED WITH MORE SEVERE PRESENTATIONS OF OSTEOCHONDRITIS DISSECANS OF THE KNEE Davis L. Rogers, BA | 4:30 - 4:35 pm | SPORTS PERFORMANCE, SLEEP AND ANXIETY IN CHILDREN AND ADOLESCENTS: PRELIMINARY RESULTS OF A LONGITDUINAL STUDY Natalya Sarkisova, BS |
| 4:36 - 4:41 pm | RACE INDEPENDENTLY PREDICTS UNSUCCESSFUL HEALING OF OSTEOCHONDRITIS DISSECANS IN THE PEDIATRIC KNEE Jigar S. Gandhi, PharmD | 4:36 - 4:41 pm | SIGNIFICANT NATIONWIDE VARIATION EXISTS IN OPIOID PRESCRIPTION RATES AMONGST PEDIATRIC PATIENTS WITH ACL INJURIES: A RETROSPECTIVE COHORT STUDY Dharman Anandarajan, BS |
| | | 4:42 - 4:47 pm | OPIOID USE IN ADOLESCENTS FOLLOWING HIP |
| 4:42 - 4:47 pm | RETROGRADE DRILLING FOR OSTEOCHONDRITIS DISSECANS OF THE TALUS IN A PEDIATRIC POPULATION: A RETROSPECTIVE STUDY <i>Marie-Lyne Nault, MD</i> | | AND KNEE ARTHROSCOPY Cliff Willimon, MD |
| 4:42 - 4:47 pm 4:48 - 5:07 pm | DISSECANS OF THE TALUS IN A PEDIATRIC POPULATION: A RETROSPECTIVE STUDY Marie-Lyne Nault, MD | 4:48 - 4:53 pm | |



| | | LOCATION |
|----------------|--|---------------------|
| 5:30 - 5:45 pm | AWARDS CEREMONY | Phoenix Salons I-IV |
| | Andrew Gregory, MD | |
| | Achievement Award for Athletic Training (national) - Tamara McLeod Valovich, PhD, ATC, FNATA | 1 |
| | Achievement Award for Athletic Training (local) - Julianne Schmidt, PhD, ATC | |
| | Achievement Award for Physical Therapy (national) - Joe Molony, PT, MS, SCS, CSCS | |
| | Achievement Award for Physical Therapy (local) - Julie Johnson, PT, MPT, SCS, CSCS | |
| | Hank Chambers Award for Best Scientific Paper | |
| | Specialty Award for Physical Medicine or Surgery - TBD | |
| | Specialty Award for Physical Therapy - TBD | |
| | Specialty Award for Athletic Training - TBD | |
| | Kevin G. Shea Award for Best Scientific Poster | |
| | Specialty Award for Physical Medicine or Surgery - TBD | |
| | Specialty Award for Physical Therapy - TBD | |
| | Specialty Award for Athletic Training - TBD | |
| | Mininder S. Kocher Award for Most Promising Career - TBD | |
| 5:45 - 6:00 pm | CLOSING REMARKS AND ADJOURNMENT Andrew Gregory, MD | Phoenix Salons I-IV |
| 6:15 - 8:15 pm | BOARD OF DIRECTORS MEETING | Atlanta |



2019 SCIENTIFIC POSTERS Posters are located in Phoenix Salons V/VI

- 1 RECOVERY OF LOWER EXTREMITY STRENGTH AND FUNCTION FOLLOWING ACL RECONSTRUCTION IN SKELETALLY IMMATURE PATIENTS Dai Sugimoto, PhD
- 2 ACL GROWTH WITH AGE IN PEDIATRIC PATIENTS: AN MRI STUDY Danielle Putur, BA
- 3 SEX DIFFERENCES IN QUADRICEPS STRENGTH AMONG ADOLESCENTS WITHIN 1 YEAR OF ACL RECONSTRUCTION *Christopher Kuenze, PhD, ATC*
- 4 CURRENT PRACTICE TRENDS IN THE SURGICAL MANAGEMENT OF PATELLOFEMORAL INSTABILITY; A SURVEY OF THE PEDIATRIC RESEARCH IN SPORTS MEDICINE (PRISM) SOCIETY *Curtis VandenBerg, MD*
- 5 LATERAL PATELLAR INCLINATION IN CHILDREN AND ADOLESCENTS: MODIFIED MEASUREMENT TECHNIQUE TO CHARACTERIZE PATELLAR INSTABILITY Christopher Cheng, BS
- 6 THE RELATIONSHIP BETWEEN PERCEIVED SOCIAL SUPPORT AND PSYCHOLOGICAL FACTORS RELATED TO RETURNING TO SPORT IN ADOLESCENTS FOLLOWING ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION Aubrey Armento, MD
- 7 SYSTEMATIC REVIEW OF SURGICAL INDICATIONS FOR TIBIAL DEROTATIONAL OSTEOTOMY *Yushane Shih, MD*
- 8 THE SIZE AND POSITIONAL RELATIONSHIP OF THE MEDIAL PATELLOFEMORAL LIGAMENT IN EARLY PEDIATRIC DEVELOPMENT Philip Wilson, MD
- 9 THE EVALUATION OF SUPRATROCHLEAR OSSEOUS MORPHOLOGY: AN EPIDEMIOLOGIC STUDY Gabriel Onor, BS
- 10 RELIABILITY OF A NEW LANDING ERROR SCORING SYSTEM: THE LESS-RMC *Ryan Wexler, BS*
- 11 QUADRICEP TENDON TURNDOWNS FOR MPFL RECONSTRUCTION: AN ANATOMICAL DIFFERENCE BETWEEN THE ORIGINS OF THE QUADRICEP TENDON AND MPFL ON THE PATELLA Audrey Rustad, BS
- 12 QUADRICEPS STRENGTH CHANGES ACROSS THE CONTINUUM OF CARE FOLLOWING ANTERIOR CRUCIATE LIGAMENT INJURY IN ADOLESCENT MALES AND FEMALES Shiho Goto, PhD, ATC
- 13 "RELATIVE" RISK OF ACL RE-INJURY Joshua T. Bram, BS
- 14 ILIOTIBIAL BAND AUTOGRAFT: WHAT SIZE IS THE GRAFT? A MATHEMATICAL AND CADAVERIC MODEL Jennifer Beck, MD

- 15 INCONSISTENT 6-MONTH FUNCTION AND ISOKINETIC TEST RESULTS FOLLOWING ACL RECONSTRUCTION IN A GROUP OF SKELETALLY IMMATURE PEDIATRIC PATIENTS *Todd A. Milbrandt, MD*
- 16 ACL GRAFT FAILURE IN PROFESSIONAL ATHLETES COMPARED TO THE PEDIATRIC POPULATION *Nirav K. Pandya, MD*
- 17 RETURN TO SPORT AND REOPERATION RATES IN PATIENTS UNDER THE AGE OF 20 FOLLOWING PRIMARY ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION: RISK PROFILE COMPARING THREE PATIENT GROUPS PREDICATED UPON SKELETAL AGE Daniel W. Green, MD
- 18 AN INVESTIGATION OF THE SURGICAL ANATOMY OF THE PEDIATRIC ILIOTIBIAL BAND Philip Wilson. MD
- 19 BIOMECHANIC DATA-DRIVEN BEHAVIOR MODIFICATION TO REDUCE CONCUSSION RISK IN HIGH SCHOOL FOOTBALL ATHLETES Patricia R. Combs, MEd, ATC
- 20 ASSESSING PATIENT OUTCOMES FOLLOWING A FRACTURE Emily A. Sweeney, MD
- 21 THE USE OF PATIENT REPORTED OUTCOME MEASURES BY PRIMARY MEDICAL PROVIDERS IN THE PEDIATRIC SPORTS POPULATION Jamila N. Aberdeen, PT, DPT, OCS
- 22 READABILITY OF THE DISABLEMENT OF THE PHYSICALLY ACTIVE (DPA) SCALE IN PEDIATRIC ATHLETES Ashley N. Marshall, PhD, ATC
- 23 A BIOMECHANICAL COMPARISON OF SUTURE ANCHOR VS. INTERFERENCE SCREW TECHNIQUE FOR PATELLAR FIXATION FOR MEDIAL PATELLOFEMORAL LIGAMENT RECONSTRUCTION *Kunal Kalra, MD*
- 24 INCREASED INCIDENCE OF ACUTE PATELLAR INSTABILITY AND PATELLAR INSTABILITY SURGERY ACROSS THE UNITED STATES IN PEDIATRIC & ADOLESCENT PATIENTS Matthew D. Milewski, MD
- 25 SPORT SPECIALIZATION IS A RISK FACTOR FOR OVERUSE, BUT NOT ACUTE, LOWER EXTREMITY INJURIES: A PROSPECTIVE STUDY

David Bell, PhD, ATC

- 26 VARIATION IN PREFERRED TECHNIQUE FOR ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION IN THE SKELETALLY IMMATURE: WHERE DO WE STAND? *Neeraj M. Patel, MD, MPH, MBS*
- 27 POST OPERATIVE PAIN ASSESSMENT AND OPIOID USE FOLLOWING ACL RECONSTRUCTION WITH QUADRICEPS VERSUS HAMSTRING TENDON AUTOGRAFT IN ADOLESCENTS AND YOUNG ADULTS Elizabeth S. Liotta, MBBS



2019 SCIENTIFIC POSTERS, continued

28 PATIENT REPORTED OUTCOME SCORES DIFFER IN ADOLESCENTS WHO DISCONTINUE ATHLETIC PARTICIPATION FOLLOWING CONCUSSION

Regina O. Kostyun, MSed, ATC

- 29 URINARY INCONTINENCE IS MORE COMMON IN ADOLESCENT FEMALE ATHLETES WITH LOW ENERGY AVAILABILITY *Kristin E. Schwarz, MD, MA*
- 30 THE NATURAL HISTORY OF TYPE VII ALL INTRA-EPIPHYSEAL FRACTURES OF THE LATERAL MALLEOLUS James Gamble, MD
- 31 ARE THERE SIDE-TO-SIDE DIFFERENCES IN KNEE MORPHOLOGY IN PATIENTS WITH BILATERAL PATELLAR INSTABILITY Shital Parikh, MD
- 32 MIDDLE AND LOWER BODY BONE STRESS INJURIES IN THE PEDIATRIC POPULATION Jane Chung, MD
- 33 DO TIBIAL EMINENCE FRACTURES AND ANTERIOR CRUCIATE LIGAMENT TEARS HAVE SIMILAR OUTCOMES? *Todd Milbrandt, MD*
- 34 REDUCTION IN HAMSTRING AUTOGRAFT DIAMETER AS A RESULT OF ACL RECONSTRUCTION PREPARATION USING LONGITUDINAL TENSION AND CIRCUMFERENTIAL COMPRESSION Calvin Chan, BS
- 35 LONG-TERM FOLLOW-UP OF SKELETALLY IMMATURE PATIENTS WITH THE PHYSEAL-SPARING COMBINED EXTRA-/INTRA-ARTICULAR ILIOTIBIAL BAND ACL RECONSTRUCTION: KINEMATIC AND KINETIC RESULTS Dai Sugimoto, PhD
- 36 COMPLICATION ANALYSIS OF PEDIATRIC AND ADOLESCENT ACL RECONSTRUCTIONS IN THE ABOS DATABASE Henry B. Ellis, MD
- 37 NOVEL TECHNIQUE FOR REPAIRING PARTIAL ACL TEARS: BIOMECHANICAL ANALYSIS OF AN OSTEOTOMY USING A CADAVERIC MODEL *R. Jay Lee, MD*
- 38 CAN A WEARABLE NEUROMUSCUAR DEVICE REPLACE NEUROMUSCULAR TRAINING PROGRAMS? Sean Higinbotham, BS
- 39 AGE, BODY MASS INDEX AND SEX RELATED TO DYNAMIC KNEE VALGUS AND SHOCK ABSORPTION DURING SINGLE LEG LANDING IN UNINJURED ADOLESCENT ATHLETES *Bianca Edison, MD, MS, FAAP*
- 40 USING AN INTEGRATED KNOWLEDGE TRANSLATION APPROACH TO INFORM THE DEVELOPMENT AND EVALUATION OF ACTIVE & SAFE CENTRAL: AN ON-LINE PLATFORM OF EVIDENCE-BASED SPORT AND RECREATIONAL INJURY INFORMATION. Ian Pike, PhD
- 41 PATELLAR STABILIZATION PROCEDURES IN THE PEDIATRIC POPULATION: INCIDENCE AND DEMOGRAPHICS *Brian Haus, MD*
- 42 INCREASED HOURS OF TRAINING PER WEEK IS ASSOCIATED WITH DECREASED SLEEP IN PEDIATRIC & ADOLESCENT ATHLETES Matthew D. Milewski, MD

- 43 OPERATIVE DECISION-MAKING FOR PEDIATRIC TIBIAL SPINE FRACTURES: ASSESSING THE EFFECT OF SURGEON EXPERIENCE AND RISK-AVERSION AND PATIENT AGE, SEX, INJURY TYPE, AND ATHLETIC LEVEL USING A MIXED EFFECTS MODEL Julien T. Aoyama, BA
- 44 MEDIAL AND LATERAL POSTERIOR TIBIAL SLOPE IN THE SKELETALLY IMMATURE: A HUMAN CADAVERIC STUDY *Nicolas G. Anchustegui*
- 45 DOES THE USE OF A "HYBRID" GRAFT ALTER GRAFT FAILURE RATES OR OUTCOMES IN ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION? A SYSTEMATIC REVIEW AND META-ANALYSIS Jennifer Beck, MD
- 46 CHRONIC LACK OF SLEEP IS ASSOCIATED WITH INCREASED SPORTS INJURY IN ADOLESCENTS: A SYSTEMATIC REVIEW AND META-ANALYSIS Aristides I. Cruz, Jr., MD, MBA
- 47 10-MINUTE 3D MRI IN CHILDREN WITH ACUTE KNEE TRAUMA: ARTHROSCOPY-BASED DIAGNOSTIC ACCURACY FOR THE DIAGNOSIS OF INTERNAL DERANGEMENT *R. Jay Lee, MD*
- 48 VITAMIN D TRENDS IN THE PEDIATRIC ORTHOPAEDIC POPULATION: A SURVEY *Kevin A. Williams, MD*
- 49 THE ASSOCIATION BETWEEN EARLY EXERCISE AND CLINICAL CHARACTERISTICS FOLLOWING PEDIATRIC SPORT-RELATED CONCUSSION Julie Wilson, MD
- 50 ACUTE PERFORMANCE ON A VESTIBULAR AND OCULAR MOTOR SCREENER AND RECOVERY FOLLOWING CONCUSSION Scott O. Burkhart, PsyD
- 51 DIFFERENCE IN RECOVERY TIME BETWEEN GENDERS AFTER CONCUSSION Anita Herrera-Hamilton, PhD ABPP-CN
- 52 BORDERLINE DYSPLASIA: ARE THESE HIPS ONLY MILDLY UNCOVERED? Michael McClincy, MD
- 53 SENSITIVITY OF MAGNETIC RESONANCE IMAGING FOR LABRAL PATHOLOGY IN ADOLESCENT AND YOUNG ADULT ATHLETES *Christine Kelly, MS, ATC*
- 54 COMPARISON OF PROPHYLACTIC IN-SITU SCREW FIXATION VERSUS OBSERVATION OF THE ASYMPTOMATIC CONTRALATERAL HIP IN SLIPPED CAPITAL FEMORAL EPIPHYSIS (SCFE) Brian Haus, MD
- 55 EARLY RESULTS OF AN INJURY-PREVENTION PROGRAM IN HIGH SCHOOL TRACK ATHLETES *Gregory A. Schmale, MD*
- 56 THE DISTANCE BETWEEN TIBIAL PHYSIS AND CORONARY LIGAMENT: A PEDIATRIC CADAVERIC STUDY Aleksei Dingel, BS



2019 SCIENTIFIC POSTERS, continued

- 57 QUANTITATIVE ANALYSIS OF THE VASCULARITY OF SKELETALLY IMMATURE FEMORAL CONDYLES: A CADAVER STUDY USING CONTRAST-ENHANCED MAGNETIC RESONANCE IMAGING Naomi Gadnisky, MD
- 58 MACHINE-LEARNING IDENTIFIES BEST MEASURES TO PREDICT ACL RECONSTRUCTION OUTCOME Anish GR Potty, MD
- 59 INCREASING HOSPITAL ADMISSIONS FOR PATELLAR INSTABILITY: A NATIONAL DATABASE STUDY FROM 2004-2017 *Corinna C. Franklin, MD*
- 60 LATERAL TROCHLEAR INCLINATION IN CHILDREN AND ADOLESCENTS: MODIFIED MEASUREMENT TECHNIQUE TO CHARACTERIZE PATELLAR INSTABILITY Sheeba M. Joseph, MD, MS
- 61 OVER-THE-TOP VERSUS ALL-EPIPHYSEAL TECHNIQUE FOR PHYSEAL SPARING ACL RECONSTRUCTION *Nirav K. Pandya, MD*
- 62 Anatomical Dissection and CT Imaging of the Anterior Cruciate and Medial Collateral Ligament Footprint Anatomy in Skeletally Immature Cadaver Knees Aleksei Dingel, BS
- 63 COULD LOWER EXTREMITY INJURIES INCREASE BMI IN CHILDREN?
 - Marissa Mastrocola, BS
- 64 BODY IMAGE AND ITS ROLE IN YOUTH SPORTS PARTICIPATION Cassidy Foley Davelaar, DO, FAAP, CAQSM
- 65 SQUATTING MECHANICS FOLLOWING AN OSTEOCHONDROPLASTY FOR IDIOPATHIC FEMOROACETABULAR IMPINGEMENT Henry B. Ellis, MD
- 66 DEMOGRAPHICS OF PEDIATRIC AND ADOLESCENT PATIENTS WITH DISCOID MENISCI *Nirav K. Pandya, MD*
- 67 ADOLESCENTS WITH SPONDYLOLYSIS HAVE LOWER SRS-22 SCORES THAN CONTROLS AND PEERS WITH SCOLIOSIS Nicole A. Barney, BS
- 68 GENDER DISPARITIES IN PATIENT-REPORTED OUTCOMES OF SPORTS-RELATED CONCUSSION PATIENTS Katherine Rizzone, MD, MPH
- 69 THE UTILITY OF PUPILLARY LIGHT REFLEX AS AN OBJECTIVE BIOMARKER OF ACUTE CONCUSSION IN THE ADOLESCENT ATHLETE Olivia E. Podolak, MD
- 70 AGE APPROPRIATENESS OF COMMON NEUROMUSCULAR TRAINING EXERCISES Joseph J. Janosky, MS, PT, ATC
- 71 SEX DIFFERENCES IN ANTERIOR CRUCIATE LIGAMENT INJURIES AMONG US HIGH SCHOOL SOCCER PLAYERS: AN EPIDEMIOLOGIC STUDY *Michael Saper, DO, ATC, CSCS*
- 72 PATIENT REPORTED KNEE FUNCTION AND STABILITY IN PATIENTS WITH FIBULAR DEFICIENCY Matthew J. Brown, MD

- 73 PHYSEAL-SPARING DISTAL FEMORAL TROCHLEOPLASTY: A TECHNIQUE ANALYSIS IN A PEDIATRIC CADAVERIC MODEL *Philip Wilson, MD*
- 74 SUPPLEMENTAL VITAMIN D FOR PREVENTION OF BONE STRESS INJURIES IN COLLEGIATE ATHLETES *Kevin A. Williams, MD*
- 75 OUTCOMES OF SURGICAL TREATMENT OF OSTEOCHONDRAL LESIONS OF THE ELBOW IN PEDIATRIC AND ADOLESCENT ATHLETES *Nirav K. Pandya, MD*



2019 ANNUAL MEETING EPOSTERS

All 2019 ePosters accepted for the PRiSM 6th Annual Meeting are available for viewing on the PRiSM website at <u>http://www.prismsports.org/</u> events/2019-annual-meeting/eposters until March 31, 2019. Eposters will be available for viewing on monitors throughout the 2nd Floor Foyer.

- 1 REASONS PEDIATRIC ATHLETES CONTINUE TO PLAY AFTER CONCUSSION Aaron J. Zynda, BS, CCRP; Meagan J. Sabatino, BA; Jane Chung, MD; Munro Cullum, PhD; Shane M. Miller, MD
- 2 HEALTH-RELATED QUALITY OF LIFE FOLLOWING ADOLESCENT SPORTS-RELATED CONCUSSION OR FRACTURE: A PROSPECTIVE COHORT STUDY Kelly F. Russell, PhD; Erin Selci, BSc; Brian Black, MD; Michael Ellis, MD
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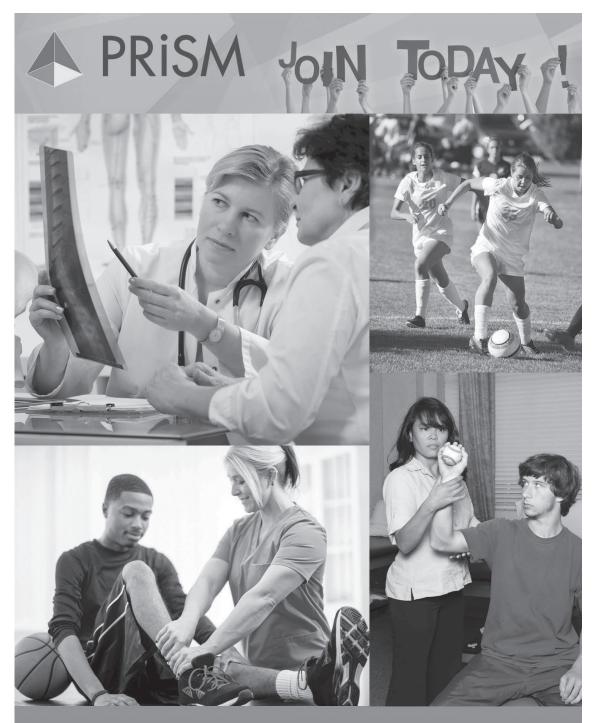
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