Appendix C

Perceived Motivational Climate in Sport Questionnaire-2
Directions: Please think about how it has felt to play on your team throughout this season. What is it usually like on your team? Read the following statements carefully and respond to each in terms of how you view the typical atmosphere on your team. Perceptions naturally vary from person to person, so be certain to take your time and answer as honestly as possible. Circle the number that best represents how you feel.

Note: Each item is responded to on a 5-point Likert-type scale (1 = strongly disagree; 5 = strongly agree).

1. On this team, the coach wants us to try new skills.

2. On this team, the coach gets mad when a player makes a mistake.

3. On this team, the coach gives most of his or her attention to the stars.

4. On this team, each player contributes in some important way.

5. On this team, the coach believes that all of us are crucial to the success of the team.

6. On this team, the coach praises players only when they outplay team-mates.

7. On this team, the coach thinks only the starters contribute to the success of the team.

8. On this team, players feel good when they try their best.

9. On this team, players are taken out of a game for mistakes.

10. On this team, players at all skill levels have an important role on the team.

11. On this team, players help each other learn.

12. On this team, players are encouraged to outplay the other players.

13. On this team, the coach has his or her own favorites.

14. On this team, the coach makes sure players improve on skills they are not good at.

15. On this team, the coach yells at players for messing up.
16. On this team, players feel successful when they improve.  
17. On this team, only the players with the best “stats” get praise.  
18. On this team, players are punished when they make a mistake.  
19. On this team, each player has an important role.  
20. On this team, trying hard is rewarded.  
21. On this team, the coach encourages players to help each other.  
22. On this team, the coach makes it clear who he or she thinks are the best players.  
23. On this team, players are “psyched” when they do better than their team-mates in a game.  
24. On this team, if you want to play in a game you must be one of the best players.  
25. On this team, the coach emphasizes always trying your best.  
26. On this team, only the top players “get noticed” by the coach.  
27. On this team, players are afraid to make mistakes.  
28. On this team, players are encouraged to work on their weaknesses.  
29. On this team, the coach favours some players more than others.  
30. On this team, the focus is to improve each game/practice.  
31. On this team, the players really “work together”  
32. On this team, each player feels as if they are an important team member.  
33. On this team, the players help each other to get better and excel.