



Schedule at a Glance

Wednesday, January 27, 2027

TIME	SESSION
12:00 pm – 6:00 pm	Registration
1:00 pm – 4:00 pm <i>Concurrent</i>	• Pre-Conference Workshop – Pediatric MSK Ultrasound Procedures Hands-On Workshop \$300 PRiSM member / \$350 Non-member + Cost of Conference • Pre-Conference Workshop – Arthrex Pediatric Sports Medicine Surgical Course \$300 PRiSM member / \$350 Non-member + Cost of Conference This workshop is intended for current pediatric or sports medicine fellows and early career surgeons.
1:00 pm – 9:00 pm	ROCK Meeting
5:30 pm – 6:15 pm	Ultrasound One-on-One Session (pre-registration required - \$100 separate additional fee)
5:30 pm – 6:30 pm	• RIG: Spine • RIG: Upper Extremity



Schedule at a Glance

Thursday, January 28, 2027

TIME	SESSION
6:30 am – 5:00 pm	Registration
7:00 am – 7:45 am	Ultrasound One-on-One Session (pre-registration required - \$100 separate additional fee)
7:00 am – 7:55 am	Breakfast & Exhibits
7:00 am – 7:55 am	Arthrex Rise & Learn
7:00 am – 7:55 am	• RIG: Head • RIG: Bone • RIG: Lower Extremity • RIG: Practitioner
8:00 am – 9:30 am	General Session Host Welcome – Arnold Palmer Children's Hospital Award Session #1
9:35 am – 10:30 am <i>Concurrent</i>	• Research Podium: Meniscus/OCD • Research Podium: Biomechanics • Research Podium: Female Athlete
10:00 am – 10:45 am	Ultrasound One-on-One Session (pre-registration required - \$100 separate additional fee)



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10:30 am – 10:55 am	Coffee & Exhibits Break
11:00 am – 11:55 am	World Class Healthcare for Team USA: The Olympic & Paralympic Experience Jonathan Finnoff, DO, FACSM, FAMSSM, RMSK US Olympic & Paralympic Committee
12:00 pm – 12:45 pm	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
12:00 pm – 12:55 pm <i>Concurrent</i>	• Lunch and Learn #1: Native • Lunch and Learn #2: Topic TBD
12:00 pm – 12:55 pm	RIG: Athlete Specialties
1:00 pm – 1:55 pm	General Session Award Session #2
2:00 pm – 2:55 pm <i>Concurrent</i>	• Research Podium: Biomechanics/Imaging • Research Podium: ACL • Research Podium: Mental Health, Sport Specialization, Nutrition
3:00 pm – 3:25 pm	Coffee & Exhibits Break
3:00 pm – 3:45 pm	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>



Schedule at a Glance

3:30 pm – 4:25 pm <i>Concurrent</i>	• ICL #1: Building an Embedded Behavioral Health and Mental Skills Program in Pediatric Sports Medicine • ICL #2: Patellofemoral Instability: Global Treatment Perspectives and Decision-Making Across Patient Populations • ICL #3: A Clinician's Guide to the Evaluation and Management of Youth Softball Pitchers with an Overuse Shoulder Injury
4:00 pm – 4:45 pm	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
4:30 pm – 5:25 pm <i>Concurrent</i>	• ICL #4: Making Painful Visits Not So Painful: Chronic Pain in Pediatric Para Athletes with Chronic Medical Conditions • ICL #5: Rewiring the Injured Athlete: Neurocognitive and Dual-Task Training in Concussion and Lower Extremity Rehabilitation • ICL #6: Ulnar Collateral Ligament Injuries: Understanding Risk Factors, Treatment and Prevention in Youth and Adolescent Athletes
5:30 pm – 6:30 pm	Poster Power Hour & Exhibits
7:30 pm – 9:00 pm	Trainee Social Outing @ Disney Springs



Schedule at a Glance

Friday, January 29, 2027

TIME	SESSION
6:30 am – 5:00 pm	Registration
7:00 am – 7:55 am	Past Presidents Breakfast
7:00 am – 7:55 am	Breakfast & Exhibits
7:00 am – 7:55 am	• Committee: Diversity • Committee: Education • Committee: Communications • Committee: Research/Scientific Grant • Committee: Awards • Committee: Membership
8:00 am – 8:45 am	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
8:00 am – 9:00 am <i>Concurrent</i>	• Research Podium: Patellofemoral • Research Podium: Sport Risk and Sport Rehabilitation • Research Podium: Sports Specific



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9:05 am – 10:00 am <i>Concurrent</i>	• ICL #7: The Sport Concussion Outcomes in Pediatrics Study (SCOPE): Lessons Learned from a Decade of Multi-Site Pediatric Sports Medicine Research • ICL #8: Seeing REDs: How Relative Energy Deficiency in Sport (REDs) May Undermine Post-ACL Reconstruction Outcomes; How to Identify, Treat, and Study the Effects of Underfueling from a Surgical Lens • ICL #9: Beyond Tendonitis: Comprehensive Management of Pediatric Patellar Tendinopathy – From Sonographic Diagnosis to Advanced Interventions
9:30 am – 10:15 am	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
10:05 am – 10:25 am	Coffee & Exhibits Break
10:30 am – 11:30 am	General Session Travel Awards & Equity and Inclusion Awards
11:35 am – 12:30 pm	AOSSM Exchange David Wasserstein, MD, MSc, MPH(c), FRCSC Hospital for Sick Children
12:35 pm – 1:20 pm	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
12:35 pm – 1:30 pm <i>Concurrent</i>	• Lunch and Learn: Miach • Lunch and Learn: Topic TBD



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1:35 pm – 2:30 pm	General Session ACL Surgical Treatment and Outcomes
2:35 pm – 3:30 pm <i>Concurrent</i>	• ICL #10: Making Research Relevant: Community Engagement in Study Design, Dissemination, and Implementation in Pediatric Sports Medicine Research • ICL #11: Return to Sport Following Hip Preservation Surgery • ICL #12: The Rehabilitation-to-Performance Continuum in Youth Sports
2:40 pm – 3:25 pm	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
3:35 pm – 3:55 pm	Coffee & Exhibits Break
4:00 pm – 5:30 pm	General Session/Debate Hamstring Autograft in ACL Reconstruction Eric Edmonds, MD Andrew Pennock, MD BFR in ACL Rehab Nicole Melfi, PT, DPT, ATC, CSCS Dylan Roman, PT, DPT, OCS Early Exposure to Tackle Football Luke Radel, MD Celina de Borja, MD 2D Movement Assessment is Good Enough for Testing for RTS Lauren Butler, PT, DPT, SCS Sophia Ulman, PhD



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5:30 pm – 6:15 pm	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
5:30 pm – 6:30 pm	Poster Power Hour & Exhibits

Saturday, January 30, 2027

TIME	SESSION
6:30 am – 8:00 am	Sunrise Run
6:30 am – 12:00 pm	Registration
7:00 am – 7:55 am	Coffee/Fresh Juices
8:00 am – 8:45 am	Ultrasound One-on-One Session <i>(pre-registration required - \$100 separate additional fee)</i>
8:00 am – 8:55 am <i>Concurrent</i>	• ICL #13: From Sidelines to Safe Play: A Multidisciplinary Approach to Venous Malformations in Athletes • ICL #14: Matching Sleep Advice to the Patient: A Multidimensional Approach • ICL #15: Not Your Average OCD: Atypical Lesions About the Knee
9:00 am – 10:00 am <i>Concurrent</i>	• Research Podium: Rehabilitation and Surgical Outcomes



Schedule at a Glance

	• Research Podium: Knee • Research Podium: Concussion
10:05 am – 12:00 pm	Business Meeting Brunch 2028 Preview · Presidential Transfer
12:30 pm – 5:00 pm	Board/Strategic Planning Meeting